

PE Curriculum Map 2022-23

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1 <i>Italics = Theme</i>	Coordination: Footwork <i>The Birthday Bike Surprise</i> Static Balance: One Leg <i>Pirate Pranks!</i>	Dynamic Balance to Agility: Jumping and Landing <i>Journey to the Blue Planet</i> Static Balance: Seated <i>Monkey Business!</i>	Dynamic Balance: On a Line <i>Tilly the Train's Big Day</i> Static Balance: Stance <i>Thembi Walks the Tightrope</i>	Coordination: Ball Skills <i>Clowning Around!</i> Counter Balance: With a Partner <i>Wendy's Water-ski Challenge</i>	Coordination: Sending and Receiving <i>John and Jasmine Learn to Juggle</i> Agility: Reaction/Response <i>Ringo to the Rescue</i>	Agility: Ball Chasing <i>Sammy Squirrel and his Rolling Nuts</i> Static Balance: Floor Work <i>Caspar the Very Clever Cat</i>
Achieve for All Activity Application	Multi skills	Gymnastics	Dance	Mat Ball	Target Games	Swimming
Year 2	Coordination: Footwork Static Balance: One Leg	Dynamic Balance to Agility: Jumping and Landing Static Balance: Seated	Dynamic Balance: On a Line Static Balance: Stance	Coordination: Ball Skills Counter Balance: With a Partner	Coordination: Sending and Receiving Agility: Reaction/Response	Agility: Ball Chasing Static Balance: Floor Work
Achieve for All Activity Application	Multi Skills	Gymnastics	Football	Dodgeball	Athletics	Swimming

PE Curriculum Map 2022-23

Year 3	Skill – Coordination: Footwork Cool Down – Static Balance: One Leg	Skill – Dynamic Balance to Agility: Jumping and Landing Cool Down – Static Balance: Seated	Skill – Dynamic Balance: On a Line Cool Down – Coordination: Ball Skills	Skill – Coordination: Sending and Receiving Cool Down – Counter Balance: With a Partner	Skill – Agility: Reaction/Response Cool Down – Static Balance: Floor Work	Skill – Agility: Ball Chasing Cool Down – Static Balance: Stance
Achieve for All Activity Application	Tchoukball	Gymnastics	Orienteering	Dartmoor Three ball	Athletics	Swimming
Year 4	Skill – Coordination: Footwork Cool Down – Static Balance: One Leg	Skill – Dynamic Balance to Agility: Jumping and Landing Cool Down – Static Balance: Seated	Skill – Dynamic Balance: On a Line Cool Down – Coordination: Ball Skills	Skill – Coordination: Sending and Receiving Cool Down – Counter Balance: With a Partner	Skill – Agility: Reaction/Response Cool Down – Static Balance: Floor Work	Skill – Agility: Ball Chasing Cool Down – Static Balance: Stance
Achieve for All Activity Application	Football	Dance	Sitting Volleyball	Kwik Cricket	Athletics	Swimming

PE Curriculum Map 2022-23

Year 5	Coordination: Ball Skills Agility: Reaction/Response	Static Balance: Seated Static Balance: Floor Work	Dynamic Balance: On a Line Counter Balance: With a Partner	Static Balance: One Leg Dynamic Balance to Agility: Jumping and Landing	Static Balance: Stance Coordination: Footwork	Agility: Ball Chasing Coordination: Sending and Receiving
Achieve for All Activity Application	Netball	Gymnastics	Orienteering	Rounders	Tennis	Swimming
Year 6	Coordination: Ball Skills Agility: Reaction/Response	Static Balance: Seated Static Balance: Floor Work	Dynamic Balance: On a Line Counter Balance: With a Partner	Static Balance: One Leg Dynamic Balance to Agility: Jumping and Landing	Static Balance: Stance Coordination: Footwork	Agility: Ball Chasing Coordination: Sending and Receiving
Achieve for All Activity Application	Tag Rugby	Dance	Cricket	Parkour	Athletics	Swimming